

# ClarityDTX | INR Tracker (Warfarin)

Print this page. Fill in one row per day (or per event). Bring to your next appointment.

Date	INR Value	In Range?	Warfarin Dose	Vitamin K Foods	Missed Doses	Notes

Quick Reference: Target INR range is usually 2.0-3.0 for AFib. Log all green leafy vegetable intake. Never skip doses.

Free mobile app: [claritydtx.com/afib/](https://claritydtx.com/afib/) | Free Notion template: [clarityapps.notion.site](https://clarityapps.notion.site)