

ClarityDTX | Psoriasis Treatment Log

Print this page. Fill in one row per day (or per event). Bring to your next appointment.

Date	Biologic/Rx	Dose	Topicals Used	UVB Session?	Response	Side Effects

Quick Reference: Track loading and maintenance doses separately. Note any injection site reactions for biologics.

Free mobile app: claritydtx.com/psoriasis/ | Free Notion template: clarityapps.notion.site